

ST JOHNS MAIN MENU



WEEK 1
WEEK 2
WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>MEAT Katsu Chicken with Rice & Stir Fried Vegetables</p> <p>VEGETARIAN Sweet & Sour Vegetables with Rice & Salad (V)</p> <p>JACKET Jacket Potato with Cheese</p> <p>DESSERT Mixed Fruit Flapjack</p>	<p>MEAT Pork Meatballs in Tomato Sauce with Penne Pasta, Salad & Garlic Bread</p> <p>VEGETARIAN Aubergine/Courgette Parmagiana with Salad & Garlic Bread (V)</p> <p>JACKET Jacket Potato with Baked Beans</p> <p>DESSERT Chocolate Mousse</p>	<p>MEAT Roast Turkey, Roast Potatoes & Seasonal Vegetables</p> <p>VEGETARIAN Potato & Onion Pie with Roast Potatoes & Seasonal Vegetables (V)</p> <p>JACKET Jacket Potato with Tuna Mayo</p> <p>DESSERT Jam Tart with Custard</p>	<p>MEAT Cottage Pie with Mixed Vegetables & Gravy</p> <p>VEGETARIAN Veggie Cottage Pie with Baked Beans (V)</p> <p>JACKET Jacket Potato with Cheese</p> <p>DESSERT Ginger Cookie</p>	<p>MEAT Battered Fish Fillet with Chips & Peas</p> <p>VEGETARIAN Vegetable Nuggets with Chips & Peas (V)</p> <p>JACKET Jacket Potato with Baked Beans</p> <p>DESSERT Strawberry Jelly</p>
WEEK 2	<p>MEAT Sausage, Mashed Potatoes & Peas with Gravy</p> <p>VEGETARIAN Veggie Sausage, Mashed Potatoes, Peas with Gravy (V)</p> <p>JACKET Jacket Potato with Cheese & Baked Beans</p> <p>DESSERT Chocolate Cracknell</p>	<p>MEAT Chicken Enchiladas, Topped with Mild Salsa, Baked Tortillas & Salad</p> <p>VEGETARIAN Roasted Vegetable Enchiladas with Mild Salsa, Baked Tortillas & Salad (V)</p> <p>JACKET Jacket Potato with Tuna Mayo</p> <p>DESSERT Iced Mandarin Sponge</p>	<p>MEAT Roast Gammon, Roast Potatoes & Seasonal Vegetables</p> <p>VEGETARIAN Cauliflower Cheese Bake, Roast Potatoes & Seasonal Vegetables (V)</p> <p>JACKET Jacket Potato with Cheese</p> <p>DESSERT Apple Crumble with Custard</p>	<p>MEAT Beef Keema Curry, Pilau Rice, Naan Bread with Onion Salad & Mango Chutney</p> <p>VEGETARIAN Mixed Vegetable Curry with Pilau Rice, Naan Bread with Onion Salad & Mango Chutney (V)</p> <p>JACKET Jacket Potato with Tuna Mayo</p> <p>DESSERT Ice Cream Pot</p>	<p>MEAT Fish Fingers, Chips & Baked Beans</p> <p>VEGETARIAN Cheese & Onion Lattice, Chips & Peas (V)</p> <p>JACKET Jacket Potato with Baked Beans</p> <p>DESSERT Cherry Shortbread</p>
WEEK 3	<p>MEAT Beef Ragu, Spaghetti, Garlic Bread & Mixed Salad</p> <p>VEGETARIAN Macaroni Cheese, Garlic Bread & Mixed Salad (V)</p> <p>JACKET Jacket Potato with Baked Beans</p> <p>DESSERT Melting Moment Cookie</p>	<p>MEAT Minced Pork Burgers, Potato Wedges & Peas</p> <p>VEGETARIAN Veggie Burgers, Potato Wedges & Peas (V)</p> <p>JACKET Jacket Potato with Cheese</p> <p>DESSERT Berry Muffin</p>	<p>MEAT Beef Wellington, Mashed Potatoes & Seasonal Vegetables</p> <p>VEGETARIAN Root Vegetable Pathiver, Mashed Potatoes & Seasonal Vegetables (V)</p> <p>JACKET Jacket Potato with Tuna Mayo</p> <p>DESSERT Up Beet Chocolate Sponge with Hot Chocolate Sauce</p>	<p>MEAT Ham & Tomato Pizza, Diced Potatoes & Sweetcorn</p> <p>VEGETARIAN Cheese Pizza, Diced Potatoes & Sweetcorn (V)</p> <p>JACKET Jacket Potato with Baked Beans</p> <p>DESSERT Fruit Mousse</p>	<p>MEAT Battered Fish Fillet, Chips & Peas</p> <p>VEGETARIAN Roasted Vegetable Quiche, New Potatoes, Green Beans & Carrots (V)</p> <p>JACKET Jacket Potato with Cheese</p> <p>DESSERT Lemon Drizzle Cake</p>



WEEK 1 : W/C 2/1, 23/1, 20/2, 13/3 WEEK 2 : W/C 9/1, 30/1, 27/2, 20/3 WEEK 3 : W/C 16/1, 6/2, 6/3, 27/3

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK THE A MEMBER OF THE CATERING TEAM SHOULD YOU REQUIRE ANY MORE DETAILS. VEGETARIAN OPTIONS ARE INDICATED BY THE SYMBOL (V).